

What are School Farmers Markets?

School Farmers Markets are 'real farmers markets' held in school and community halls, organised by local schools. All members of the public are welcome both to browse and to shop for fresh local produce. Refreshments are usually available.

If you need any further information, please contact Sioned Pugh or Jane Evans on:

Telephone 01686 622388

email info@schoolfarmersmarkets.org

The markets provide the opportunity for local producers to sell their produce to the community.

The markets also provide an educational opportunity for the pupils of the school to develop new skills such as money handling, recognising seasonal vegetables and marketing.

Mid Wales Food and Land Trust works in partnership with the CAFE project (Children, Agriculture, Food and Education) in order to develop and sustain these unique markets.

The advantages of School Farmers Markets to you, the consumer:

- ⦿ The markets are open to all members of the general public to buy genuine farm fresh produce and to support farmers and local producers.
- ⦿ It gives you, the consumer, the opportunity to enquire about the foods and their methods of production.
- ⦿ Buying direct from the producer gives the assurance of full traceability throughout the production process.
- ⦿ Direct access to good quality fresh produce, much of which cannot be purchased elsewhere or is only available in a limited number of other shops.
- ⦿ Rediscovering seasonal fresh produce, and vegetables harvested just a few hours before hand.
- ⦿ The chance to get to know the farmers and producers offering sustainable produce as a real alternative to mass produced, uniform products.

This is a joint project between the Soil Association and Mid Wales Food and Land Trust committed to transforming food culture in our schools and communities.

Mid Wales Food and Land Trust Ltd. Company Number 5199345



school farmers market



Local Food
Local Futures



Beth yw Marchnadoedd Ffermwyr Ysgol?

Marchnadoedd Ffermwyr Ysgol yw'r gwir brofiad o farchnad ffermwyr. Maent yn cael eu trefnu gan ysgolion, a'u cynnal ar safle'r ysgol ei hun neu mewn neuadd gymunedol. Croeso i bawb fynd yno i siopa, ymweld a chymdeithasu. Bydd lluniaeth ysgafn ar gael fel arfer.

Os ydych am unrhyw fanylion pellach, cysylltwch a Sioned Pugh neu Jane Evans ar:

Ffôn 01686 622388

e-bost info@schoolfarmersmarkets.org

Mae'r marchnadoedd yn rhoi cyfle i gynhyrchwyr ddod a'i cynnyrch i werthu a'i marchnata i'r gymuned leol.

Mae'r marchnadoedd hefyd yn rhoi siawns i ddisgyblion ddatblygu sgiliau addysgiadol megis trin arian, adnabod llysiau tymhorol a sgiliau marchnata.

Mae Ymddiriedolaeth Bwyd a Thir y Canolbarth yn cydweithio gyda'r prosiect PABA (Plant, Amaeth, Bwyd ac Addysg) er mwyn datblygu a cynnal y marchnadoedd unigryw yma.

Y manteision o Farchnadoedd Ffermwyr Ysgol i chi, y prynwr:

- ☉ Mae'r marchnadoedd ar agor i'r gymuned gyfan i brynu cynnyrch sy'n ffres o'r fferm ac i gefnogi ffermwyr a chynhyrchwyr lleol.
- ☉ Rhoi cyfle i chi, y prynwr fedru mynegi cwestiynnau ynglyn â'r cynnyrch a'i dulliau o gynhyrchu.
- ☉ Prynu yn uniongyrchol o'r cynhyrchwyr gan sicrhau y gallu i olrhenni y cynnyrch ar hyd y broses gynhyrchu.
- ☉ Mynediad uniongyrchol i gynnyrch ffres ac o'r ansawdd gorau, ond ar gael mewn nifer cyfyngedig o siopau.
- ☉ Sicrhau dealltwriaeth o gynnyrch tymhorol, a llysiau sydd yn cael eu cyneafu ond oriau yn flaenorol.
- ☉ Cyfle i ddod i adnabod y ffermwyr a'r cynhyrchwyr, sydd yn cynnig cynnyrch cynladwy fel aralldewisiad i gynnyrch unfurf y siopau mawr.



marchnad ffermwyr ysgol



Bwyd Lleol
Dyfodol Lleol



Mae hwn yn brosiect ar y cyd rhwng y Gweithredu dros Blant a Ymddiriedolaeth Bwyd a Thir Canolbarth Cymru wedi ymrwmo i drawsnewid diwylliant bwyd yn ein hysgolion a chymunedau.

Ymddiriedolaeth Bwyd a Thir y Canolbarth Rhif y Cwmni 5199345